



Infant Daily Schedule

{SAMPLE SCHEDULE}

My Play Time:

I will have designated and individualized times during each day to discover myself and my surroundings.

Soft Toys & Teething Toys: These toys keep me safe and allow me to practice new skills like reaching and grasping. Teething toys are great since I like to mouth lots of different objects. My teachers always clean our toys after one of us puts them in our mouth.

Exersaucer: This is a great time for me to develop the muscles in my neck, trunk, and legs, while I play with the toys around me.

Mirrors: Mirrors allow me to see myself and my surroundings. I love to learn all of the different faces I can make.

Books: I like to explore books (even if I just put them in my mouth). This is the first step to literacy!

Teacher and Me Time:

I will have my own special time with my teachers to develop my cognitive, social, and emotional development.

Feeding Time: My teacher will feed me according to my daily schedule. During this time, she will stay engaged with me.

Diaper Time: My teacher changes me every two hours (if not sooner), and while she changes me, she talks with me.

Language Time:

Every day I will have the chance to interact with my friends and teachers as I learn to “talk” and be social.

Story Time: My teacher will spend time reading and telling me stories, singing songs, and doing finger plays.

Sign Language: We will work hard to learn basic signs to communicate and express my needs.

Friend Time: My teacher will place a friend in close proximity to me so that we can

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interact using our own baby “language”, gaining valuable early social skills.